

COMPASS

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BODY TALK
Australian Organics, Luxury Shower Kit and Bath and Shower Pack are a joy to use at home and for travel. Made from organic botanical ingredients, and free of synthetic fragrances or synthetic colours, they refresh, invigorate and smell divine. £10-£15. Tel. 01622 859898.



WELL-BEING Linda Mindel

Well-being news

Products to help you stay in the pink



COMFORT ZONE

Gingerlily's silk-filled duvets are 100 per cent natural, hypo-allergenic and resistant to dust mites. The duvets, made with fine, long fibre mulberry silk threads, are layered in a criss-cross pattern to create a silk floss. Silk floss is breathable and regulates body temperature, so you stay warm in the winter and cool in the summer. Available in all bed sizes and in three weights: summer, all seasons and winter. From £110. Tel. 0870 116 1368. www.gingerlily.co.uk.

ADULT ACNE: A SUITABLE CASE FOR TREATMENT

Products for teenagers who have acne or oily skin conditions can be too harsh and irritating for daily use on more mature adult skin.

If you suffer from acne, it's worth knowing that Dermalogica's new MediBac Clearing range has been specifically developed to treat and help clear adult acne.

Clearing Skin

Wash, Clearing Mattifier, Concealing Spot Treatment, Overnight Clearing Gel and Sebum Clearing Masque

are five new products to help soothe inflamed skin and help the healing process. £25.80-£36. Tel. 0800 592818.



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SKIN BOOSTER

Medical Aesthetics Exposure Instant Glow, a revitalizing serum for use overnight, helps to brighten and smooth the appearance of dry skin. For use on face, neck and décolleté, it also helps firm skin and diminish wrinkles and fine lines. £110. Tel. 020 7348 6380.



September 2008