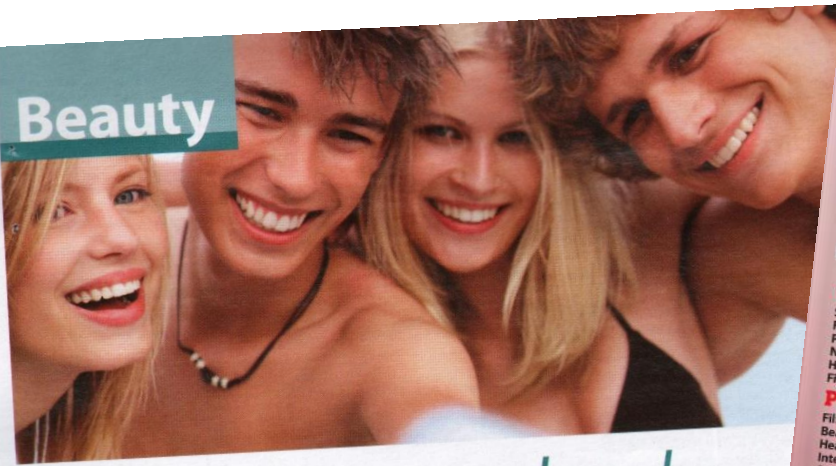


# Beauty



LONDON  
SUMMER 2009

**LILY ALLEN**  
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**HOT HOT SUMMER!**

**WIN STUFF!**

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- Film & music reviews
  - Beauty & tanning tips
  - Healthy recipe ideas
  - InterRailing guide
  - Summer fashion



THE UK'S NO.1  
**FREE!**

## Here come the boys!

As the weather hots up – so do the lads! Get that extra phwoar-factor with these latest grooming products...

**1.** Zap those zits and keep pores clog-free by sticking to a decent daily cleansing routine. Damp skin with a warm, wet facecloth to open up pores and then begin to massage onto the face, paying special attention to areas prone to build up and break outs like around the nostrils, forehead and chin.  
**Boots Skin Clear Deep Blackhead Clearing Scrub, £2.99**



**2.** Keep that smooth-just-shaved feeling with a calming after shave balm that will soothe as well as replenish lost moisture that can be caused by shaving. Skin is highly sensitive just after a shave, so avoid this important stage of your shaving routine and end up with an unsightly and uncomfortable coarse, rough complexion.  
**Botanics After Shave Balm, £5.38**



**3.** Summer evenings spent in a beer garden or at a festival means not only is your complexion parched from the sun, alcohol will also dehydrate your skin, so as well as drinking water to flush out toxins, slap on some moisturiser to get rid of that dry, itchy feeling.  
**Nivea for Men Revitalising Moisturiser, £10.85**

**4.** Dare to be different and move away from the usual refreshing or musky shower gel scents and opt for fun and fruity fragrances. Avocado is a popular ingredient in beauty products this summer for it's highly moisturising properties and essential oils that aid in cell renewal. The perfect tonic after a hot, summers day.  
**Australian Organics Avocado Moisturising Shower Gel, £3.99**

**5.** This retro scent has been brought back up to date and is ideal for everyday wear. Avoid heavy, deep aftershaves in the heat and instead opt for light, subtle scents that are alcohol free and will not dry out your skin.  
**Davidoff Cool Water Cool**

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