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**LIFE**  
matters

FASHION & BEAUTY

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## Keep that holiday feeling

Banish grey moods with our pick of the best post-summer holiday pick-me-ups and look ahead to autumn's new shades.  
**STACIA BRIGGS**  
and **KIRSTY MAIR** report.



**D**on't let go of that holiday feeling just because you're back at home. Repair the ravages of sun, sea and swimming pools with tip-top moisturisers, hair healers, mood lifting spritzers and a hint of self-tan.

**TIGI Catwalk Headshoe**

summer skin soft, smooth and seductively golden with this easy to use tanning lotion.

**Avon Shimmer Brick, Arabian Glow, £10, [avonshop.co.uk](http://avonshop.co.uk). Introduce your**

**New for autumn and winter**



**Avon SpectraColour lipstick, The Nudes, £10.** A small and portable tube offering seven lipsticks in one, this innovative product provides high shine colour in whatever shade takes your fancy.

**Boots No7 Solo Eyeshadow, Electric Purple, £7, Essential Lips lipstick, Bloome, £9.50, The Essentials Palette, Stone, £14.50.** An autumnal palette of gorgeous shades to take you from office to dancefloor. The lipstick is particularly covetable.

**Clinique High Impact Curling Mascara, Black/Brown, £14.50.** Give your lashes a dramatic look in this smudge, flake and smear-resistant formula.

**Clinique Vitamin C Lip Smoothie Antioxidant Lip Colour, Raisin the Bar and Fig-a-licious, £13.50 each.** Jam-packed with nutrients and available in a range of colours, these lip glosses ensure your lips are at their most vibrant and healthy best.

**Clinique Most-Wanted Colour Set, Most-Wanted Deepes (includes Colour Surge Eye Shadow Trio, Black Maple,**

**and Soft Pressed Powder Blusher, Fig), £30.** Clinique's most popular ranges become portable in this stylish zip-up compact - limited edition and sure to sell out quickly.

**Mario De Luigi Cover Up Corrective Lifting Effect Eyeshadows and Blush, from a range with prices starting at £16.25, available from [qvco.uk](http://qvco.uk) or by phone 0800 504030.** Easy to wear colours in a neat compact design from the masters of innovative make-up, OVC

**YoungBlood Mineral Cosmetics A.R.T.I.S.T.E On The Go Lip Shine, Devotion, Reflection and Fantasy, refill £11.76 each, stockist information from [dermapure.eu](http://dermapure.eu).** Boosting sun-protective properties, these mineral cosmetics healthy for your skin and loved by Girls Aloud.

**Steam Cream, Flower Garden and Miracle, £9.95 at [steamcream.eu](http://steamcream.eu).** These eco-friendly tins are the perfect size to pop in your handbag, and the cream's steam technique allows each ingredient to separate to tackle previous unreach patches of skin for an intensive moisture.

## Australian Organics Exfoliating Facial Scrub, Normal and Combination Skin, £8.95.

Sun lotion and late nights can block pores. Achieve clear skin with this soap-free gentle exfoliating scrub.