



**beauty**

**Australian Organics moisturising lotion 120ml £8.95**  
This light, oil-free moisturiser has a strong, pleasant fragrance and smooths into skin easily. It's ideal for normal to combination skin types as it is non-greasy and feels fresh and cooling.  
If you have dry skin it will need to be re-applied during the day, but as the tube fits neatly into a handbag, that won't be a problem. This is perfect if you prefer a light moisturiser, as it leaves skin feeling soft and refreshed.

**6/10**

**Fade Out Anti-Shadow Eye Cream £6.50**  
THOSE afflicted by dark under-eye circles will be pleased with this nourishing cream. As a long-time hayfever sufferer, my eyes often take a battering over the summer months, leaving sore red puffy marks. Not a good look. I applied the cream every evening for a week to clean skin and found the light pearly texture was smooth on the skin and most effective overnight. Containing Zyalight (proven lightening complex), it works well as a cream to wear under make-up during the day.

**8/10**

**Skin Vitals Vitamin C Concentrate 15ml £12**  
IF YOUR skin is in need of a radiant glow as the sun comes out, this light, silky serum is packed full of vitamin C and minerals to nourish it. After a week or so of using it, I certainly found my skin was smoother, soft and hydrated. It might be a little pricey for only 15ml but you only need a few drops for instant moisture. Again, it seems to work most effectively if left overnight.

**7/10**

**SKIN DOCTORS instant facelift**  
A FACELIFT in a bottle? That did set off alarm bells. But I was intrigued to see whether after a few minutes I would look super-youthful, as did my mum. Described as 'almost a miracle in a bottle', tests have shown that Instant Facelift has an immediate effect with 84 per cent of all users finding their skin noticeably smoother; 78 per cent noticed an improved softness in their skin; and 96 per cent noted a lightening effect. After applying before bedtime and in the morning as a base under make-up and my normal moisturiser, both my mum and I found our skin was immediately tightened and a little softer. My mum wasn't impressed - her fine lines remained unaltered. Overall, I couldn't help but wonder whether a face pack would have done the trick.

**4/10**

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**DEEP...**

WINTER is cruel to our skin, resulting in pale, sallow complexions. **NATALIE LI** tests some of the creams which aim to restore that much-needed glow and get you ready to shimmer over the summer

**SOME MORE OPTIONS FOR YOUR SUMMER SKIN...**

**SKIN DOCTORS supermoist spf 30+**  
with hydrating vitamin E  
with hydrating vitamin E SPF 30+  
Facelift/afterglow for the Gummies LSP 30+  
£7.50/£12.50/£12.50

**SKIN DOCTORS Supermoist SPF 30+ £24.95**  
THIS one is ideal sun protection to wear under make-up. Sun tan lotions can often leave the skin feeling greasy and clogged but Supermoist promises "around the clock" moisturisation and protection from the sun's harmful rays. Dermatologically tested and suitable for all skin types, this fragrance-free treat is ideal for everyday wear.

**Touch of Cosmetics Touch of Blush £10**  
FAKE a shimmering, summery glow with this handy on-the-go blush stick. Favoured by the likes of Sex and the City star Kim Cattrall and pop star

**Danni Minogue. It is housed in an air-tight silver tube, great for a night out on the tiles. A sweeping of the fine powder over cheekbones, brows, noses and collarbones should give you a boosting healthy glow.**

**Touch of LIGHT**  
**Touch of LASH**  
**Touch of LIP**

**Health & Beauty**

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**6/10**

**australian organics**  
gentle face care  
moisturizing lotion oil free  
for normal & combination skin  
flax seed and green tea extracts  
no synthetic fragrance  
no synthetic color  
no parabens  
non-comedogenic  
plus antioxidants & vitamins

**soin doux pour le visage**  
lotion hydratante sans huile  
pour les peaux normales et mixtes  
marc de graines de lin  
et de thé vert  
sans parfum synthétique  
sans colorant artificiel  
sans parabènes  
non-comédogène  
riches en antioxydants et vitamines

4 fl. oz. 120ml