



## *You **can** buy loveliness*

Anybody can have the perfect body with the right cosmetics. Well, maybe not perfect, but buying gorgeous products is a whole lot easier than slogging to the gym. Check out this month's best...

### **AUSTRALIAN ORGANICS**

This synthetic-free, fully-organic range is as good for you as a workout followed by a spinach smoothie. Infused with plant extracts and essential oils, it's like a little holiday for your hair.

*Intensive care shampoo and conditioner: £3.50 each, from John Lewis*

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