

DAILY Mirror

GLAMOUR ON A BUDGET
with beauty expert Madeline Crisp

Fruity beauty

We all need our healthy fix of fruit – what a shame we can't count these tasty beauties in our five-a-day...

JUST PEACHY
NOTHING wakes you up better than a zingy body wash. This blend of peach kernel oil, organic plant extracts, sweet orange and ylang ylang gives a fruity boost.
Australian Organics Peach Kernel Shower Gel, £3.99 (Holland & Barrett and Waitrose stores)

SCRUB UP
SLOUGH off dry winter skin with this yummy body scrub. The walnut shell exfoliates while rich papaya is teamed with B vitamins to moisturise. **Beautifully Delicious Scrumptious Papaya & Mango Body Scrub, £3.99 (selected Waitrose)**

FRESHLY PICKED
RICH body butter fans will enjoy these Marks & Spencer pots. Choose from Quince, Grape and Passion Fruit for a moisturising treat that will leave you smelling good enough to eat! **M&S Ingredients Body Butter, £5**

KISSABLE LIPS
THOSE to give others a good one of the lips we swapped at school. Try strawberries, cherry, peach or raspberry flavours. **W7 Fruity Slickers, £2.95 (Waitrose nationwide)**

FOR HANDS THAT DO DISHES
FOR a green-up punch try this handwash that contains

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