

SUNSHINE

You are...

PALE
NICOLA
Use a tanning cream or spray tan for a couple of weeks leading up to summer. It will gradually build a healthy, natural color so you feel confident but won't look like you've been basted by 40-year tanning beds. Skin Protection: £3.99.

GOLDEN
Y
MISCHA
Exfoliate in the shower to keep smooth. A body scrub enriched with oils, like Jojoba Oil Exfoliating Body Wash, £3.99, by Australian Organics will nourish skin and provide a good base for applying an even fake tan.

OLIVE
VANESSA
With your complexion, skin can probably still be good. Make sure you only need something really subtle to enhance your natural color. Before you take off all your body, use your tanning cream with a spray tan. Skin Protection: £3.99.

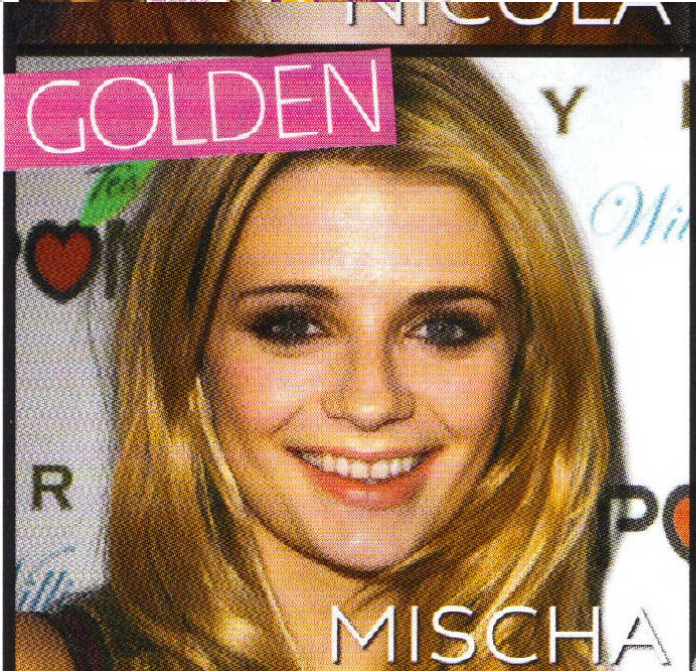
BLACK
You need to be fast some time in the summer months. Development in the skin can take a while and it's important to use a tanning cream and spray tan to keep your skin smooth and hydrated. Follow with an intense moisturizer to keep skin for your next tanning session. Skin Protection: £3.99.

Before you go

Moisture
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