



▶▶ Beauty box

AS the winter takes its toll on your tresses, treat your locks to some pampering.

The Australian Organics hair care range is just the thing to leave your hair looking luscious.

And, what's more, the delicious aromas will give you a boost too.

The Australian Organics range is made with botanical ingredients and each is infused with pure essential oils to help you look and feel the best you can.

Choose from Intensive Care, Body Maximising and Hydra Stabilising shampoos and Revitalising Penetrating, Restoring Balancing and Replenishing Stabilising conditioners, all priced £3.99 for 350ml.

Available from Holland & Barrett and many independent pharmacies.



Beauty tip

To make new shoes and boots less slippery, rub the soles with sandpaper.
(Women's Institute Practical Know-how in the Home)