

style

Naughty but nice

Lovely lingerie for Valentines



Get your hands on these

We pamper palms with the latest products

- 1 Clinis Pro-collagen Hand & Nail Cream, £29, from selected department stores**
In six words: Horrible craps paper-like skin before!
Good for: Ageing and dry hands, the natural ingredients will have your skin looking younger. But... it's greasy.
★★★★☆
- 2 Forever Aloe Lipid Soap, £2.35, www.all-for-health.co.uk**
In six words: Stay 'tilde' to clean soft hands.
Good for: Freshening up without irritation. But... it did not lather up very well.
★★★★☆
- 3 Spa Paradise Moisturising Gloves, £4, Debenhams**
In six words: Cotton gloves for maximum moisture absorption.
Good for: Putting on for bed after you've applied your hand cream. But... We could not bear to keep them on all night.
★★★★☆
- 4 Ciate Cherry Pie Hand & Nail Shampoo, £3.95, Superdrug**
In six words: Hand wash fit for screen siren.
Good for: Clean and fruity smelling hands; the sweet notes packaging also means we are proud to display it in our bathrooms. But... We also love the matching 'mimic fruit hand cream' and it's quite expensive trying to look like a movie star.
★★★★☆
- 5 Willow Organic Moisturising Hand Wash, £7, www.willowbeautyproducts.co.uk**
In six words: Fresh and gorgeous smelling olive wash.
Good for: People with sensitive skin as there are no harsh detergents. But... it's costly.
★★★★☆
- 6 Australian Organics Rejuvenating Hand Treatment Cream, £3.99, Waitrose, John Lewis and Holland & Barrett**
In six words: No nasties, sweet smelling hand rejuvenation.
Good for: Hands that smell like they've been dipped in sugar. Mmm. With no nasties this organic little number has healed our cuticles, noticeable effects.
★★★★☆
- 7 Nail It! nail treatment, £14.63 (free UK postage) www.nailit.org**
In six words: Tackles microbiological, chemical or physical damage.
Good for: Nails exposed in any of the above, it leaves a protective barrier that stabilises the nail.
But... As nails take months to grow, you have to be patient to see real results.
★★★★☆
- 8 Lavera Body Effect Active Protection Intensive hand cream, £19.50, from department stores and www.lavera.co.uk**
In six words: Gives tired hands a nutritious treat.
Good for: Pushing back the years! But... it's not cheap.
★★★★☆
- 9 White Tip Trick, £4.95, Superdrug**
In six words: French manicure without having to go to a salon.
Good for: People who need good looking nails!
★★★★☆
- 10 Darphin Aromatic Hand Cream, £17, stockists 0870 934 2266**
In six words: Absorbed instantly with a delicate scent.
Good for: Reducing and preventing age spots and lines. But... No buns. If your hands have seen many years' service and starting to show it, they have earned a good cream and this is it!
★★★★☆
- 11 Scandle Helping Hand Spa Treatment Kit, £16.26, www.abodycandle.com**
In six words: Candle tuckery for magically soft hands.
Good for: Hands that need TLC. Burns the wax, melt the candle, blow out, smear oil on hands, but... We can't keep the gloves on overnight.
★★★★☆
- 12 Champneys Manicure Miracle Softening Scrub, £5, Sainsbury's**
In six words: Zesty scrub for your grubby mitts smells fantastic too, even boys like this one.
But... Be gentle when scrubbing or you'll end up with red raw.
★★★★☆
- 13 Zoya nail polish, £2.76 each from www.zoyanails.co.uk**
In six words: Nails get teen-deep sexy shades for free.
Good for: Lovely looking nails with a clear conscience. But... It chips rather easily and takes a good couple of coats to achieve the colour in the pot.
★★★★☆
- 14 Lush Lemony Flutter Cuticle Butter, £2.25, Lush**
In six words: Miracle moisture in a pot!
Good for: Filing rough, chipped cuticles, it can also be used for other dry spots such as heels.
But... It smells so deliciously lemony that we want to eat it!
★★★★☆



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★★★★☆

