Daily Mail

sparkle pr

ELSA McALONAN looks at the best mini-products to take with you on holiday...

BEAUTY

FACE

BODY

MUST HAVE

Hard to resist? DEcarb it.

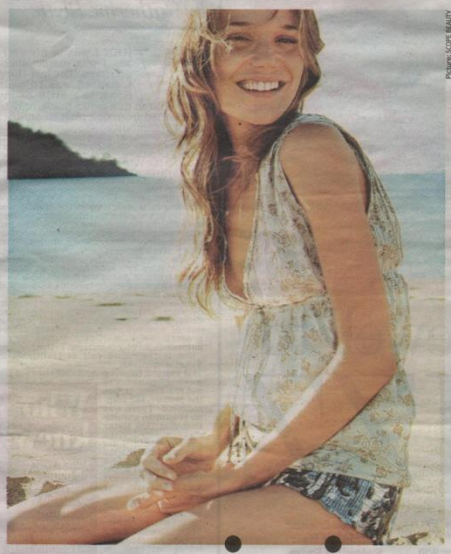
New DEcarb™ contains a naturally derived ingredient that can help reduce the digestion of carbs in the food you eat. And fewer carbs mean fewer calories.

www.DEcarb.co.uk/toast or call for advice free on 0808 124 00 66

available at most Boots

shop online at boots.com

CONFIDENTIAL



mini marvels for your travels

HAIR

Klorane Dry Shampoo, £2.99 (0158 282 0165)
CONTAINING gentle oat milk, this is a must for going away. Spray on hair, leave for two minutes, and brush out, and you have fresh, clean hair. Perfect for a long flight when hair can look dehyrated, or in the heat.

Schwarzkopf Gliss Asia Straight Straightening Balm, £1.99 (Superdrug)
USE in conjunction with the rest of the range, which includes Gliss Shine Tonic in Crystal Shine for coloured hair or Repair Care for dry, damaged hair, and you may not need your straightening irons after all.

Paul Mitchell Awapuhi Shampoo, £3.70 (paul-mitchell.co.uk)
TROPICAL-smelling shampoo that's perfect for holidays. Range also includes Awapuhi Moisture Mist (£5.25), and a great Colour Protect Locking Spray (£6.15), made from sunflower extract.

Garnier Fructis Style Bamboo Flexi-Hold Hairspray, £1.49 (Boots)
A MINI hairspray enriched with bamboo extract to add flexibility. Strengthens and helps to set hair, while keeping it shiny and healthy. Essential for humid summer evenings.

Davines Mini Shampoos and Conditioners from £5.40 (020 3301 5449)
WHET your appetite for the larger versions with shampoos (£5.40) and conditioners (£6) which come in three effective ranges for different hair types.

Halto Mini Straighteners, £9.95 (beautybay.com)
THIS brilliant little device could save you from horror holiday frizz. It's a perfect size for popping into a corner of your suitcase, and comes in five funky designs, including an England flag. It also heats up to 200 degrees, so it's hot enough to straighten even the wildest curls.

...AND TO POP IN YOUR BAG

Evian Spritz, £6.67 (amazon.co.uk)
SEASONED travellers always carry water to spritz. Refreshing, cooling and moisturising, use it on the beach, in the evening, or first thing in the morning to rehydrate parched skin.

Tisserand Travel-Ease Roll-On Remedy, £4.95 (tisserand.com)
POP this in your bag for a long journey to feel refreshed. Just roll the remedy, which contains grapefruit, bergamot and mint oil across pulse points – it really works.

Tesco Light Lotion Handy Pack SPF30, £3 (stores nationwide)
MANY sunscreens come in smaller versions, but we particularly love this Tesco version, which comes in a sturdy, re-sealable pouch. Carry it everywhere.

Vetroxx Disinfectant Hand Gel, £3.99 (molarltd.co.uk)
THIS handbag-sized hand gel helps protect against flu viruses as well as a broad spectrum of germs. Handy if there's no water nearby, and especially great for long car journeys.

4711 Original Cool Stick, £5.50 (Boots)
THE refreshing scent of 4711 Original Eau De Cologne has been around for more than 200 years. The citrus-based scent uses essential oils of bergamot, rosemary, lavender and neroli, all known for their calming properties. This non-spill solid cool stick is ideal for travelling.

Lotil Cream, £1.09 (Boots)
A RICH, hydrating cream that's been around for more than 100 years, this is a great all-rounder. Use for sunburn, as a moisturiser or to soothe broken skin, as it has anti-bacterial properties.

Simply Wax Mini Strips, £6.99 (Superdrug)
MINI wax strips that are easy to use and suitable for sensitive areas. There are 28 strips in a pack, in different sizes. They're quick you use and take up little space in your suitcase.

Evian Spritz, £6.67 (amazon.co.uk)

SEASONED travellers always carry water to spritz. Refreshing, cooling and moisturising, use it on the beach, in the evening, or first thing in the morning to rehydrate parched skin.

24th June 2010