



No.1 FOR HEALTH & BEAUTY

Summer Beauty Tips 46

Everyone loves an insider tip or two, especially when those tricks and tips are cheap and will help us through summer!

The Ultimate Hair Icons 49

Whilst some hairdos are mere flashes in the pan, others really stand the test of time and are still copied to this day – see our top picks...



Look good & feel great

Here I am, back again and still harping on about summer, but who of you out there don't get a little bit obsessed with this season too? Plus we may as well wring out every little last drop of summer inspired beauty before we are forced to resign ourselves to the 10 months of winter that await us on the flipside.

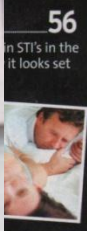
So whether the weather will play along with us or not (we're growing rather impatient with its penchant for hitting us with four seasons in one day), we're hanging on in there and calling this summer until the autumn leaves are falling and no one better try and stand in our way damn it!

So with that in mind, we will wear dresses and flip flops if we want and because of that a bit of tanning and bronzing is needed (faux of course – jeez I hope you all know by now not to fry in the sun!). And then there is the blotting papers we need in our bags to keep us oil-free, oh and a facial mist to keep us cool (even if we could just duck our head out the window and be hit in the face with real Scotch mist). Basically we're in denial and if you would like to join us in our pretend summer beauty fun then come along for the ride – I promise when winter does roll around, sooner than you think, you'll be happy you did!

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This issue I'm loving...



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