

EXTRA 8 PAGE DIET SPECIAL
Lose a stone IN 6 WEEKS
PLUS 100 DIET TIPS

I want a nose like yours, Mummy

Pick Me Up **TOP FOR PUZZLES** 70p

My creepy lover had a CORPSE IN THE FREEZER

BOTH our heads went up in flames

CHEATING SISTER Caught in the act with MY BLOKE

PLUS
 • The dog that had kittens
 • Scotland's clumsiest woman!

HAUNTED by what was done to my Becca's Merry Rea

hion

Peacocks

M&Co

Tip
A long top makes a perfect beach cover-up

£14

£16

£22

Tip
Wear a patterned card with plain trousers to draw attention away from a big bum!

£8

Click to buy: <http://buyth.at/petei>

Beauty Basics

Each week we bring you our best beauty buys on a budget

All About Face Foundations £1.49 each from Tesco

Asda Sun System Lotion SPF15 £2.97

Models Own Nail Polishes £5 each

Perfection Lash, Extend and Separate Mascara £5

Barry M Lip Lacquer Crayon in Cherry Red £4.95

Tip
A great way to cool down in the sun

Evian Brumisateur Facial Spritz £3.50

Palmolive Naturals NutroFruit Shower Creme £1.99

Paddle Brush £6.99 from www.hairtools.co.uk

Tip
A great way to cool down in the sun

evian facial spritz

BRUMISATEUR

Evian Brumisateur Facial Spritz £3.50

Tesco

Tip
Shorts can be worn over tights if you're feeling chilly

£10

£18

Click to buy: <http://buyth.at/c39vk>