

Pregnancy & birth



Super Aqua Cooling Facial Stick, £10.34, Garnier

Peppermint Cooling Foot Spray, £4.85, The Body Shop



CLOCKWISE FROM TOP: Mistery Time Organic Body Wash, £17.95, Marabino Organic Balls in Sybil, Eau De Toilette, from £27, Sola Sybil Organic Mince Treatment Mist, £28, Natural Magic Aloe Vera Gel, £5.50, Vital Touch Hydro Balance Refreshing Hydrating Cream, £11.65, Eucerin

P&W EVERYTHING THIS PAGE (See page)



Oh La Lift Instant Under-Eye Brightening Boost, £14.50, Benefit

Energise Me Mist, £13.50, Muji



Blerflower Lip-perfumed Eye Gel, £3.35, The Body Shop

THIS MONTH we're craving... refreshed skin



Refreshing Facial Cleansing Wipes, £4.35, Nivea Visage



Beauty Delicious Footlicious Mint & Cocoa Foot Butter, £4.99, Tesco

A convenient way to stay refreshed



Brumisateur Facial Spray, £3.50/50ml, Evian



Brumisateur Facial Spray, £3.50/50ml, Evian