

SPORT

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Another Champions League week



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STUART BROAD

BRIGHT YOUNG THING

'NOBODY MINDS WHEN WAYNE ROONEY SHOWS AGGRESSION ON THE PITCH...'

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Body language

Even the most caveman-like beasts pamper their face - but don't let your hands, feet and body let you down...

1 **E45 MOISTURISING HAND CREAM**
A perfume-free moisturiser that will give deep hydration to dry, rough and chapped mitts so you don't shake hands like a haberdasher. www.e45.com

2 **OLE HERBINKEN HANDS FORWARD**
Your paws are always on show and can betray your age. With Shea butter and sunscreen, this guards against the signs of ageing. www.oleherbinken.com

3 **GARNIER FOOT COCOON**
If you have feet that even a hobbit would be ashamed of, Garnier's foot cocoon is rich in fruit micro-oils to nourish coarse skin. www.garnier.co.uk

4 **EUCERIN FOOT CREAM**
Regular sport can batter your feet, but Eucerin's foot cream contains urea and lactate to help smooth rough skin, calluses and cracks. www.eucerin.co.uk

5 **NATIO FOR MEN WASH**
An invigoratingly spicy body wash that contains soothing chamomile and antiseptic golden oak to cleanse your skin. www.loshams.com

6 **YU-BE BODY LOTION**
Packed with vitamin E, vitamin B2 and camphor, the Yu-Be body lotion is a reformulation of Japan's best-selling skin cream. www.cartersandhond.com

7 **PALMER'S COCOA BUTTER FORMULA**
Okay, so your wife uses it for her post-lumpy-popping stretch marks, but it is simply the best-smelling goo out there. The ladies love it. www.palmer.com

8 **RIVEA LIGHT TOUCH**
Greasy body moisturisers are bad news when you are laid over, but this formula is both fast-absorbing and light. www.alvea.co.uk

9 **EYRE FUSION HAND AND BODY MOISTURISER**
A double-barrelled weapon, loaded with a refreshing aloe vera gel and a nourishing cream made from sea buckthorn berry. www.eyrebiobotanics.com

10 **CLINIQUE EXFOLIATING WASH**
The non-abrasive grains in this fragrance-free lotion will scrub away dead skin so you can avoid that unattractive snake look. www.clinique.co.uk

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