

Review – Eyre Biobotanics Active Facial Enzyme Cleanser



Oftentimes I find that standard facial scrubs and washes are a little too harsh on my skin. Unfortunately, the alternative cleansers tend to be rather lacklustre and don't perform nearly as well as harsher glycolic cleansers and scrubs. This means I have to deal with slightly irritated skin if I want to use them more than twice a week.

Enter the Eyre Biobotanics (Pure Skin Care for Men) Active Facial Enzyme Cleanser, a new favourite!

This cleanser is fantastic and i've already bought another one. It comes out as a thick creamy lotion that doesn't lather which you then rub into your skin and rinse off. Even though it doesn't foam it leaves the skin feeling very clean and soft and won't dry out your skin one little bit.

The cleanser contains a surprisingly large amount of effective ingredients in high concentrations, the two most effective?

- **Papain** – This works as an enzyme exfoliator, a very mild yet effective way of exfoliating the skin. Rather than using an acid or manually scrubbing dead skin off the skin, these enzymes digest the 'glue' between dead skin and new skin – allowing the dead skin to fall off and exposing the new skin underneath!
- **Salicylic Acid** – A staple in any skincare regimen, salicylic acid (a BHA) unclogs pores and prevents breakouts and ingrown hairs.

In order to reap the full benefits from this cleanser I massage it into damp skin, leave it on for a minute or two while I shower, and then rinse it off. I've finished a bottle now and I can definitely say this cleanser is very gentle on skin but still as effective as some of the stronger stuff out there. This has sparked my interest in the line so expect a few more reviews on Eyre Biobotanics soon!

Highly recommended, especially if you have dry or sensitive skin in need of gentle exfoliation/cleansing or simply if you're looking for an effective cleanser you can use every day without irritation.