



RENEE CLEGG/IMMAGINE

### GIFTS FOR HIM

**MEN'S toiletries** are now on a par with women's in terms of choice and luxury.

**WE love the Moosehead Skincare Set, £14.50** (Tesco and Sainsbury's) which includes a scrub, face wash, face hydrator and mud face mask.

**Arran Aromatics Bay Citrus Shave Set, £30.75** ([qpc.uk.com](http://qpc.uk.com)) contains a shaving soap in a beautiful rosewood bowl, a shaving brush and Bay Citrus moisturiser.

**After shave is, of course, a great gift for Valentine's Day, and this year there are some gorgeous masculine scents around.** **Joop Homme, Joop! Go, Jump and Joop! Thrill for him, from £24.99** (Superdrug).

**Look out for the new Burberry Sport aftershave, £27** (Selfridges) and try **Hugo Boss Classic, from £20** (Boots).

**With top notes of apple, bergamot and cinnamon, skincare starter sets, such as Decleor Five-Piece's collection, £34** ([cuk.com](http://cuk.com)) are a great way of easing a man gently into skincare. The kit contains everything for a

### Don't get me started... Should stay-at-home mums have cleaners?

**I AM a stay-at-home mum with two school-age children. My husband earns a good wage but works very long hours and most weekends. He says I should have time to do the cleaning, but that's not what I want or need any luxuries, but this would make my life a million times better.**

**WAR? You want war? Just ask a group of mothers to divide themselves between WHMAs (working mothers) and SAHMs (stay-at-home mothers) — the term 'working mother' is too judgmental, apparently, in these touchy times.**

**So, yes, there's a fair bit of incomprehension and crossness when a SAHM admits 'Get a job and spend your money on it', says one poster. 'I spend money when it's your job?' says another. But hang on**

**Eyre BioBotanics is a completely chemical-free men's shaving and skincare range from Australia. Well worth a look, especially the Active Enzyme Facial Cleanser, £14, which is a**



**non-foaming cleanser designed to remove impurities and oily shine. The range, which includes facial**

**cleansing, moisturising and shaving products, starts at £14 (available from [mankind.com](http://mankind.com)).**

**clean and smooth shave and aftercare, including Clean Skin Scrub, Aroma Cleanse, Aromessence Shave Perfector, Smooth Shave Foam and Soothing Aftershave.**

**Bulldog is a funky men's range, and there's a great gift set for Valentine's day, all in a limited edition washbag — Original Face Wash, Shave Gel and Moisturiser, £15** ([meetthebulldog.com](http://meetthebulldog.com)).

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**Inspired by ancient Japanese grooming techniques, Rituals is a fresh and light range. The Men's Essential Skincare Set, £17.99** ([rituals.com](http://rituals.com)) contains Himalaya Mist, a refreshing body spray, Samurai Secret shaving gel and Sumo Force shampoo.

**(£6.55), Soap & Glory, (.com) is a us, sexy that is or day or night wear, notes of citrus, e, mandarin, nd a mix od. Amber. eart-shaped £6.50.**

**([qpcuk.com](http://qpcuk.com) or 0845 504030) are a fun design, and perfect for popping into your handbag, as is Prestige's heart-shaped sharpener, £2.93** (Boots nationwide).

**And for a fun gift, Steamcream has produced new designs for Valentine's Day, including Grace, with a feminine floral design and Planetarium, which is for those who follow their stars. Both cost £10** (John Lewis or [steamcream.co.uk](http://steamcream.co.uk)) and tins are filled with luxurious moisturising cream.



**a minute. Does Mr No-Cleaner do his own housework himself? Apparently not. And with his work schedule, you can guarantee that his wife spends her evenings and weekends looking after the house and kids.**

**It's hard to imagine the kind of paid work that would fit around a workaholic husband and leave any time for family life. And for many of us, cleaning your own house is one of life's most miserable occupations. Even professional cleaners admit that cleaning someone else's house is more satisfying.**

**I first hired a cleaner when I was on maternity leave with my first child. She had to do the sofa by endless breastfeeding and I was horrified by the dust and grime that I never noticed when swanning off to work. The woman I hired became part of our family for many years and was a true sanity-saver.**

**I think a lot of the anger directed at women who employ cleaners is down to the puritan conviction that cleaning is a woman's role and that it is immoral for her to spend time doing something not in her role. We don't harangue people who buy their clothes and furniture in shops rather than making them themselves, do someone else drive the bus or cook their pizza in Pizzas Express? So why the hell is your home any different?**

**Mrs SAHM is the person who makes it possible for Mr WHOE to work the way he does and to work a family that makes them a team. It's not his money to bestow on his wife as he sees fit, but joint income. Mr WHOE should either pull up the Marigolds, or cough up.**

LEAN HARDY