



In the pink

Products to help you feel good and look better



FOR HIS FACE ONLY

Australian company Eyre BioBotanics has a range of chemical-free, high performance facial products formulated for the specific skin care needs of men. The complete grooming collection is designed to cleanse, shave, hydrate, perfect and protect male skins. It's free of synthetic colour, fragrance, animal products and parabens. Particularly recommended is the Active Enzyme Facial Cleanser, to be used twice a day over the face and neck. It's gentle and non-foaming and penetrates sebaceous follicles and unclogs pores, leaving skin cleansed and refreshed. £14-£36. www.mankind.com



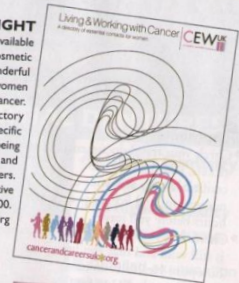
WELL-BEING NEWS Linda Mindel

BODY TALK

The Tunturi Mfc Trim
Disc offers a multifunction training system that helps strengthen the body and improve coordination and flexibility. Use for at 10 minutes a day for better concentration, fitness and mobility. £99.99. Accell Fitness. Tel. 0115 981 0205

GUIDING LIGHT

Living And Working With Cancer, available free and published by the Cosmetic Executive Women (UK), is a wonderful directory of essential contacts for women who have been diagnosed with cancer. It's a user-friendly reference directory covering support and information, specific cancer charities, holistic and well-being services, beauty, clothing, lingerie, and financial, legal and employment matters. Free of charge from Cosmetic Executive Women (UK). Tel. 020 7940 2900. www.cancerandcareersuk.org



FOR HIS FACE ONLY

Australian company Eyre BioBotanics has a range of chemical-free, high performance facial products formulated for the specific skin care needs of men. The complete grooming collection is designed to cleanse, shave, hydrate, perfect and protect male skins. It's free of synthetic colour, fragrance, animal products and parabens.

Particularly recommended is the Active Enzyme Facial Cleanser, to be used twice a day over the face and neck. It's gentle and non-foaming and penetrates sebaceous follicles and unclogs pores, leaving skin cleansed and refreshed.

£14-£36. www.mankind.com



OUT, DAMN'D GERMS

Quash, a 100% natural moisturizing hand sanitizer with anti-ageing properties, is alcohol and chemical-free and can be used anywhere, as it needs no soap and water. Enriched with manuka honey, aloe vera and lavender and lime essential oils, it leaves a non-sticky, quick-drying film that cleans and protects your hands and is clinically proven to kill 99.9% of germs. £1.99-£3.49. From Superdrug and www.quashme.com