

NOW

THE UK'S BEST-LOVED CELEBRITY MAGAZINE

sparkle^{pr}



Book a facial Your last facial should be five days prior to your wedding (if you have normal skin, you should have been having facials for six months before; if you have problem skin you should have been having professional advice for a year before).

Monthly facials will give you an amazing glow – Saks Skin Specific Facials, from £50, are the perfect choice.

Visit saks.co.uk for more info. For a DIY treat,

try Skinvitals G-Energize Cloth Facial Treatment Mask, £2.99.



Beauty Countdown

Wedding day
The finally here... time to start about three weeks to get ready – start by having your hair done and then apply to your nails to make them extra shiny and apply to your wedding dress next (see below).

7 days to go...
Visit your hairdresser – you need to get your hair done in time for your ceremony and before the big day. It can also allow time to make colour corrections if you've not had a previous treatment like a color refreshment.

6 days to go...
Go beauty shopping! Stock up on any last-minute beauty necessities. Don't forget to buy your wedding veil and hair accessories. Also, buy your wedding shoes and jewelry. Don't forget to buy your wedding dress and accessories.

6 days to go...
Book a facial! Your last facial should be five days prior to your wedding (if you have normal skin, you should have been having facials for six months before; if you have problem skin you should have been having professional advice for a year before).

5 days to go...
Have your hair 'do. You should have your hair done in time for your ceremony and before the big day. It can also allow time to make colour corrections if you've not had a previous treatment like a color refreshment.

4 days to go...
Take some time out. Relax in a hot tub or spa. Give your skin a little extra love. Use a facial mask. Use a facial mask. Use a facial mask.

1 day to go...
Have a manicure and pedicure. Get your nails done and your feet done. Use a manicure. Use a pedicure. Use a manicure. Use a pedicure.

Seven day beauty countdown
Look your gorgeous best with our expert advice

FOUR PERFECT PERFUMES FOR YOUR WEDDING

- £40 VERA WANG** – A classic, elegant perfume with a floral scent.
- £12 AVON** – A classic, elegant perfume with a floral scent.
- £23 LOVELY** – A classic, elegant perfume with a floral scent.
- £30 ESTÉE LAUDER** – A classic, elegant perfume with a floral scent.

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