

Closer

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AGE-REDUCTION RATING: **3/5**

ELEMIS PRO-COLLAGEN QUARTZ LIFT FACIAL

Price: £65 for one hour

CELEBRITY FAN: Jenni Falconer, 32

THE PROMISE: Reduces wrinkles and improves firmness after one treatment.

OUR TESTER SAYS: "The therapist cleansed and toned my skin, then applied a mineral-enriched face mask. My skin was then buffed with an exfoliator. I didn't look radically younger, but my skin felt more elastic and moisturised, and transformed from dull and tired-looking to fresh." For nationwide appointments, call 01278 727830.

DIY Q LIFT, SKIN VITALS

£2.99

This bargain miracle-worker contains Q10 to boost your skin's elasticity, and ginseng, which gives tired skin a new lease of life.



BEAUTY INSIDER

CLOSER BEAUTY...CLOSER BEAUTY...CLOSER BEAUTY...CLOSER

Celeb anti-ageing facials

Turn back time and pamper your skin with a salon facial - or cut costs by using one of our bargain DIY alternatives

AGE-REDUCTION RATING: **3/5**

GUINOT HYDRADERMIE LIFT FACIAL

Price: £48 for 50 minutes

CELEBRITY FAN: Jennifer Ariston, 39

THE PROMISE: Tones muscles, reduces fine lines, and gives a "lifted" effect.

OUR TESTER SAYS: "The therapist first exfoliated and massaged my skin. She then used a machine with electrodes attached to it - which penetrate the skin to draw out toxins - on my face and neck. A firming lotion and eye cream were then applied. I didn't notice a dramatic change around my eyes, but my skin was radiant. Six sessions would make a noticeable difference." For nationwide appointments, call 0800 590094.

DIY DERMO EXPERTISE REVITALIFT FACIAL CLOTH MASK, L'OREAL

£13.99

Combat those sneaky wrinkles with this use-at-home cloth mask. It's soaked with pro-retinol, which boosts natural collagen to firm the skin and give it a lifting effect.

AGE-REDUCTION RATING: **4/5**

LATHERAPY DIATES RENEW ROSE AGEING FACIAL

From £50 for one hour

CELEBRITY FAN: Denise Van Outen, 34

THE PROMISE: Firms skin and tones.

OUR TESTER SAYS: "My face was hydrated with a rose water mask which was then massaged into my skin. My skin felt moisturised and glowing for several days." For nationwide appointments, call 020 8549 7050.

AGE-REDUCTION RATING: **3/5**

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AGE-REDUCTION RATING: **4/5**

HEAVEN L.L.A. THERAPY FACIAL

Price: From £65 for one hour

CELEBRITY FAN: Danni Minogue, 37

THE PROMISE: Gives a facelift without needles!

OUR TESTER SAYS: "Deborah Mitchell, who devised the treatment, cleansed, toned and exfoliated my skin. She then massaged my face using a special technique. My skin felt plumper, and my cheekbones suddenly looked amazingly defined. There wasn't a fine line or a blemish in sight!" For nationwide appointments, call 01952 461888.

AGE-REDUCTION RATING: **3/5**

CAROLE FRANCK ANTI-AGEING FACIAL

Price: From £75 for 80 mins

CELEBRITY FAN: Cat Deeley, 37

THE PROMISE: Reduces premature signs of ageing after one treatment.

OUR TESTER SAYS: "The therapist cleansed my skin and applied a mild skin peel. She then attached electrodes to acupuncture points on my face and left them for about 15 minutes. A serum was then massaged into my skin. The wrinkles around my eyes definitely improved for the next three days." For nationwide appointments, call 01823 47572.

DIY ULTRA G MASK

£2.99

Intense dose of botanical mask, oil, honey and is great for ageing.

DIY Q LIFT, SKIN VITALS

£2.99

This bargain miracle-worker contains Q10 to boost your skin's elasticity, and ginseng, which gives tired skin a new lease of life.

DIY INTENSIVE TREATMENT MASK, OR BRAGI

£10

Pump up fragile skin with this enzyme-packed mask, which will even out skin and give it a more youthful look.

DIY WISE WOMAN INTENSIVE FIRING MASK, THE BODY SHOP

£13

This cream contains ingredients that regenerate cells, and boost collagen, keeping your skin smooth and visibly firmer with regular use.

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