

I'm pregnant!

9 of The Best

Our selection of fabulous skin and haircare products will help you get that pregnancy glow!

Create a dazzling finish to your style with this all over gloss spray. Whether it's to finish your style or refresh tired, dull hair, All Over Gloss Spray by Charles Worthington smooths away all of those unruly flyaways for a

Klorane Mango Butter Repair Mask (£7.82, 150ml) is a deep nourishing treatment. Its luscious rich formula helps restructure the hair shaft and smooth the cuticles, making hair less porous and more resistant to external aggressions. Available from selected Boots stores and leading independent pharmacies.



Try Liz Earle's Brightening Treatment Mask with purifying white clay, soothing organic aloe vera, toning witchazel and softening almond oil to restore vitality and radiance to lacklustre skin. £12.50 for 50ml pump, available from selected John Lewis stores and www.lizearle.com



Smooth a little bronzer over your cheekbones. Try Sunshimmer by Rimmel Bronzing Powder, £4.99. Brush across your cleavage for the ultimate in glamour.

To maximise your natural radiance, use No7 Skin Illuminator, 30ml, £11.00, this amazing radiance boosting beauty fluid has tiny iridescent particles that shimmer in the light, to make the most of your gorgeous pregnancy glow. Available from Boots.



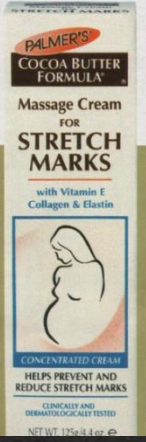
Fade Out Extra Care Day Cream, £7.95, will protect, lighten skin tone and fade any unwanted pigmentation marks that may appear during pregnancy. Available from Boots, Superdrug, Lloyds, Unichem and other independent pharmacies.



During pregnancy, daily massage on the hips and tummy with Lush's Therapy Massage Bar (£5.65 for 65g) can help to reduce stretch marks by increasing elasticity of the skin. Available from Lush shops nationwide or order online at www.lush.co.uk



If your skin is dry, remember to drink lots of water. Rescue your dry, parched skin with Skin Vitals H-Revive Cloth F Treatment Mask, £2.99, available from Debenhams.



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