

# My Weekly

## Facelift In A Jar?

For many of us, plastic surgery may be beyond our budget, but wait – could there be an effective, cheaper alternative to stopping the sag?

### MASKS

As our skin ages, slower cell renewal and decreased hydration cause it to lose elasticity. In addition, stress, pollution, pore-clogging make-up and the drying effect of the elements during winter months can contribute to making skin appear dull and lifeless.

Face masks can be an effective way of deeply cleansing the skin, extracting dirt and



### LOTIONS

A new generation of creams have been developed to help boost the skin's ability to repair itself and retain its firmness. Clinique's Repairwear Lift firming creams promise to firm and lift the skin, helping to disguise and lessen the look of lines and wrinkles (£32.30 for 30ml).

L'Oréal's Revitalift Anti-wrinkle and Firming Cream, enriched with elastin, claims to reduce the appearance of wrinkles and help improve the skin's elasticity (£5.99 at Savers).

Or try using SkinVitals Lift Everyday Firming Lotion, (£13 for 40ml) with soy protein to leave the skin plumped and revived.



ENHANCE MATURE SKIN

SKINVITALS<sup>®</sup>  
The new face of skin-care

Lift\*

Co Q10 Concentrate  
Firming Age-Defying  
\*Co Q10 +  
Hyaluronic Acid



SKINVITALS  
Lift\*  
Co Q10 Concentrate  
\*Co Q10 +  
Hyaluronic Acid

FOR FACE

Firming Age-Defying  
Age-Defying  
15ml / 0.51 Fl Oz

is and re-hydrating it – sparkle! And the good of products available. se of anti-wrinkle '95 for 6 months' it uses water and plumping out fine



apply) claims to often and firm the y apply to the face n for 20 minutes ing for smoother- Crystal Clear's Mini 22 for one clinically proven th deep clea



### POTIONS

Skin care expert and managing director of Crystal Clear, Sharon Hilditch recommends choosing products with active ingredients to combat the effects of ageing on the skin. "Use products with advanced ingredients such as peptides, which are



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