

NEWS OF THE WORLD

FABULOUS BEAUTY

GET Wow NOW!

Look and feel great - fast

BY JENNIFER CAWTHRON

I'VE ONLY GOT: 1 MINUTE

There's still time to: Soften lips and calm down.
With: John Masters Organics Lip Calm, £6.
 OK, so it's not the same as sipping cocktails by the pool, but a lip balm that not only nourishes but can also help you relax has got to be good news! With lime, lemon and tangerine extracts, this ultra-moisturising balm has a delicious citrus scent, as well as soothing extracts of vanilla and shea butter for a calming sensation. Another double-duty lip treat we love is the new Dior Sérums De Rouge, £23, which combines skincare and lip colour. It plumps lips, leaving them velvety smooth, while the long-lasting colour adds a shot of instant glamour. Mwah!



I'VE ONLY GOT: 2 MINUTES

There's still time to: Smell gorgeous and boost your spirits.
With: Temple Spa Get A Life!, £20.
 Spritz yourself with this divine-smelling moisturiser and fragrance in one and suddenly life won't feel as tiring. It's a super-silky dry oil that you can spray anywhere on your body for an immediate happiness injection. The uplifting scents of grapefruit, peppermint, ginger and juniper make it perfect for the morning after a big night out. And it's also great for taking on long journeys - peppermint and ginger are wonderful at preventing travel sickness and nausea.

I'VE ONLY GOT: 10 MINUTES

There's still time to: Deep cleanse and de-stress.

With: Sisley Radiant Glow Express Mask With Red Clay, £53.

This speedy-acting mask de-clogs skin as the clay absorbs impurities and plant extracts and essential oils eliminate toxins. Spread over your face, wait five minutes, and rinse. For dry skin, try SkinVitals L-Soothe Cloth Facial Treatment Mask, £2.99. Oats, green tea and cabbage rose quench thirsty skin, while lavender calms you. Lay the cloth over your face and soak up the benefits.



I'VE ONLY GOT: 5 MINUTES

There's still time to: Disguise tired eyes and cool them down.
With: Darphin Instantly Radiant Hydrating And Brightening Eye Care, £30.
 We love this cooling stick of moisture, which contains glycerin to give tired eyes radiance. Apply a slick around your eye area in the morning, then keep in your bag for touch-ups. Or try Marks & Spencer Instant Fix 24 Cooling Eye Pads, £5 - they're packed with aloe vera, chamomile and cucumber extracts for a soothing effect.

I'VE ONLY GOT: 15 MINUTES

There's still time to: Get smooth skin and boost your circulation.
With: Neal's Yard Seaweed Salt Scrub, £14.70.
 Packed with circulation-boosting lemon, black pepper and ginger, rub this stimulating scrub into damp skin in the shower. For a body that looks like it's just returned from a spa, follow with Neom Complete Bliss Moroccan Blush Rose Body Oil, £28.



I'VE ONLY GOT: 10 MINUTES

There's still time to: Deep cleanse and de-stress.
With: Sisley Radiant Glow Express Mask With Red Clay, £53.
 This speedy-acting mask de-clogs skin as the clay absorbs impurities and essential oils eliminate toxins. Spread over your face, wait five minutes, and rinse. For dry skin, try SkinVitals L-Soothe Cloth Facial Treatment Mask, £2.99. Oats, green tea and cabbage rose quench thirsty skin, while lavender calms you. Lay the cloth over your face and soak up the benefits.



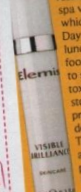
I'VE ONLY GOT: 20 MINUTES

There's still time to: Volumise your hair and have a scalp massage.
With: Kerastase Volume Plumping Rituel, £10.
 Plumpers and fillers aren't new to skincare, but they are when it comes to your hair. After years of research, experts at Kerastase have discovered wonder in molecule, intra-cytane, which expands in the hair to give oomph in minutes. During this mini-salon treatment, intra-cytane-packed Volumorphose is applied to dry hair before you have a relaxing scalp massage, which will soothe your mind, increase blood circulation to your scalp and allow the product to penetrate deeply. After rinsing and a quick blow-dry, you'll be good to go - and your tresses will be revolutionised!



I'VE ONLY GOT: 55 MINUTES

There's still time to: Knock off five years and get a hot stone treatment.
With: Elemis Face And Body Sensation, £65.
 Want maximum results in minimum time from your spa visit? This new treatment, which can be part of an Elemis Day-Spa experience or just a lunchtime treat, starts with a foot-cleansing and skin-brushing to stimulate circulation and clear toxins. It's then followed by a hot stone massage that uses deep pressure to encourage lymphatic decongestion and boost circulation. Then comes an intensive 25-minute anti-ageing facial using Elemis products, including Visible Brilliance serum, £40.



Find more beauty buys at Fabulousmag.co.uk/shop